

# NATIONALS IN A NUTSHELL

## The National Parent Forum of Scotland Summary of National 1 Qualifications

National 1 qualifications build on and reflect the learning that has taken place during the Broad General Education. Each subject consists of one or more units; units can be passed separately to gain a National 1. For example, it is possible to achieve a National 1 in Baking, a National 1 in Food Hygiene and so on. As with all National qualifications, there is a strong focus on developing skills in learners. National 1 qualifications are available in the following units:



## Subjects and Units at National 1

### COMMUNICATION

- Units in: Recognising Character in Fiction
- Responding to Ideas in Fiction
- Using Information Texts
- Recognising Text
- Recognising Signs in the Community
- Listening and Responding to Texts
- Listening and Responding to Scottish Texts
- Interacting in the Workplace
- Interacting in the Community
- Creating Text

### CREATIVE ARTS

- Units in: Creating Materials for Display
- Creating Materials for Performance
- Working with Textiles

### FOOD FOR HEALTH

- Unit in: Healthy Eating

### FOOD PREPARATION

- Units in: Baking
- Food Hygiene
- Making a Healthy Basic Meal
- Making a Healthy Hot Dish
- Making a Healthy Snack
- Presenting Food
- Using a Cooker
- Using a Microwave
- Using Small Electrical Equipment in the Kitchen

### INDEPENDENT LIVING SKILLS

- Units in: Basic First Aid
- Common Dangers in the Home
- Going Shopping
- Using General Household Electrical Appliances

### INFORMATION AND COMMUNICATIONS TECHNOLOGY

- Units in: Working with Multimedia Applications
- Searching for Information
- Working with Digital Images
- Working with Software Applications
- Working with Communications Technologies
- Working with Assistive Technologies
- Capturing Digital Images

### LIFE IN ANOTHER COUNTRY

- Units in: Aspects of Life
- Language



Continued overleaf

## MUSIC

Units in: Exploring Sound and Rhythm  
Producing a Sound

## NUMBER SKILLS

Units in: Recognising Numbers  
Number Processes  
Using a Calculator  
Shape  
Handling Information  
Time  
Handling Money  
Measurement of Length  
Measurement of Volume  
Measurement of Weight

## PERFORMANCE ARTS

Units in: Using Performance Skills  
Contributing to a Performance

## PERSONAL DEVELOPMENT

Units in: Developing Positive Behaviour  
Experiencing a Work Related Activity  
Finding Out about the World of Work  
Making a Journey  
Managing a Difficult Personal Situation  
Personal Hygiene  
Personal Organisation  
Residential Experience  
Taking Part in Leisure Time Activities

## PHYSICAL EDUCATION

Units in: Improving Performance  
Taking Part in a Group Activity  
Taking Part in an Individual Activity  
Taking Part in a Water-based Activity

## PRACTICAL CRAFT SKILLS

Units in: Working with Craft Tools  
Working with Materials  
Making a Craftwork Item

## RELIGIOUS AND MORAL EDUCATION

Units in: World Religions  
Religious Festivals

## SCIENCE IN THE ENVIRONMENT

Units in: Living Things  
Energy  
Materials  
Reduce, Reuse and Recycle  
Nature and the Environment

## SOCIAL SUBJECTS

Units in: People and Society  
The Natural World  
Cultural Celebrations and Festivals



## ASSESSMENT

To gain National 1, the units must be passed. Evidence of learning and achievement will be required for external verification. This evidence may be paper-based, digital, a recording of an oral presentation, assessor observations and an assessment record, a video of a performance, photographic evidence.

National 1s may progress on to other National 1 subjects or on to a range of subjects at National 2 level

For detailed information:

Visit the SQA website: [www.sqa.org.uk/national1](http://www.sqa.org.uk/national1)

For information on the course specifications for each unit:

[www.sqa.org.uk/sqa/65702.html](http://www.sqa.org.uk/sqa/65702.html)

Education Scotland: [www.educationscotland.gov.uk/nationalqualifications/index.asp](http://www.educationscotland.gov.uk/nationalqualifications/index.asp)

Curriculum for Excellence Key Terms and Features Factfile:

[www.educationscotland.gov.uk/Images/CfEFactfileOverview\\_tcm4-665983.pdf](http://www.educationscotland.gov.uk/Images/CfEFactfileOverview_tcm4-665983.pdf)



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